

BIFRÖST UNIVERSITY

Fact Sheet for Student Mobility

2023-2024

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Description of the institution:	The University of Bifröst has been leading in digital distance learning in higher education for more than 20 years. Bifröst is a private, self-governing, non-profit institution, located in Borgarfjörður Iceland. The University operates fully in digital distance learning and therefore there are only students on campus during course rounds, three times each semester. The three departments at Bifröst are:	
	• <u>Department of Business</u>	
	• <u>Department of Law</u>	
	Department of Social Science	
	The degrees are mainly taught in Icelandic – however, every department offers at least one course in English on each semester. Additionally, all students are offered an intensive course in Icelandic.	
	Bifröst University is an active member of the Icelandic and international research communities and prides itself for recruiting faculty with broad research profiles in the social sciences. Furthermore, the university has participated in many academic networks of the COST and ERASMUS programs, as well as the Northern Periphery program.	

Practical information		
Courses offered for exchange students:	All international students are offered a course in Icelandic Language and Culture (6 ETC). Catalogue for courses open for exchange students: UGLA - Course Catalogue 2022-2023 > Curriculum (bifrost.is) (Pleasure note, that there might be some minor changes.)	
Activities for exchange students:	Since Bifröst University is a distance learning university, no students live on campus apart from the exchange students. During working weekends though, the campus at Bifröst wakes up and distant learning students arrive to meet up with their professors and other students. Working weekends are two times each semester. On the campus there is a fitness center with a sauna and weight room that is equipped for working out. For typical big-city pleasures such as theatre, cinema and art exhibitions, one must usually go to Borgarnes, Reykjavík or	
	Akureyri. There is an administration / service fee for incoming exchange students, payable on arrival. The fee covers the following: Laundry facilities, access to fitness center, sauna, welcome dinner & a one day tour.	
Location:	Bifröst campus is in Borgarfjörður, 110 km outside of Reykjavík and 30 km away from Borgarnes, the next town. International students should be informed of the campus' remote location, with volcanoes, mountains, lava fields, birch forests, a lake and a spectacular waterfall all in walking distance. The surrounding area is a paradise for hikers and nature lovers. On campus there is a dorm, a hotel and a gym. Next supermarket is in Borgarnes, around 30-minute driving distance.	
Housing:	On-campus housing will be arranged for all exchange students, fully furnished single room in student apartments (with private bath and shared kitchen). Price: 65.000-70.000 ISK / month	
Cost of living:	Total expenses for basic living in Iceland without housing costs are estimated around: 122.455 ISK /month.	