

OAMK

OULU UNIVERSITY OF
APPLIED SCIENCES

Ready, Set, Go! Study at Oamk. 2022-2023

Pictures by Exchange Students [myoamk](https://www.instagram.com/myoamk)



Overview

› Ready?

- › Who are we / you?
- › Where on earth is Oamk? What fields are available?
- › What do exchange students expect and get from an exchange?

› Set!

- › What do we offer?

› Go!

- › Move on! Apply to Oamk!

Ready?

› Who are we? <https://www.oamk.fi/en/exchange/student-exchange>

› **Administrative coordinators:**

Roles: exchange nomination & application information and guidance, learning agreements, orientation days and events, etc.

- › Marianne Isola, Development Manager, International Mobility Services
- › Satu Lohiniva, Solution Designer, International Mobility Services
- › Minna Moilanen, Education Designer, Oamk Services
- › Bastian Fähnrich, Education Designer, Oamk Services

› **Academic coordinators:**

Roles: exchange study information and guidance concerning studies and practical training, including field-specific advice on courses, course enrolment, schedules, etc.

Ready?

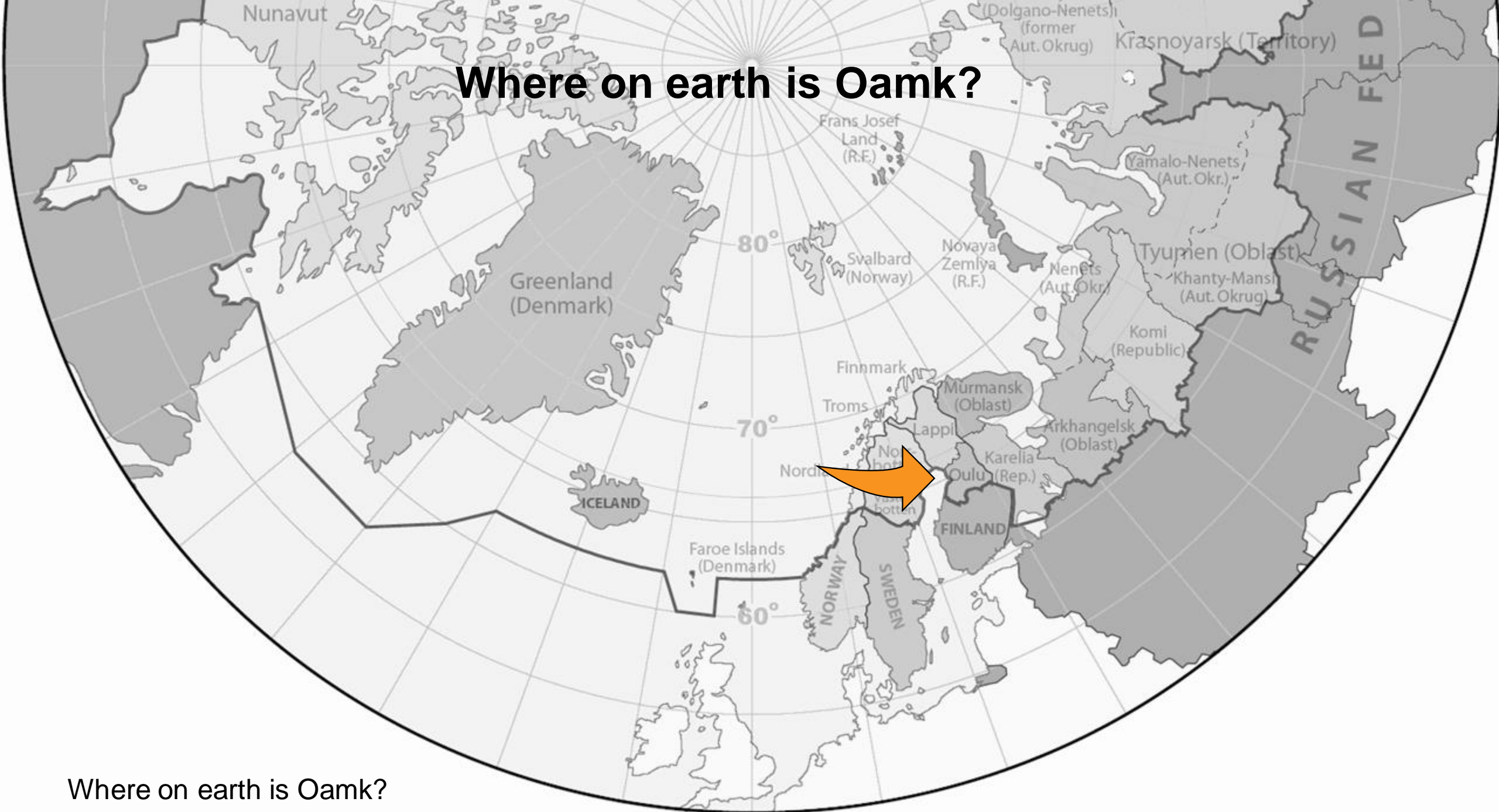
Where on earth is Oamk?

OAMK



Where on earth is Oamk?

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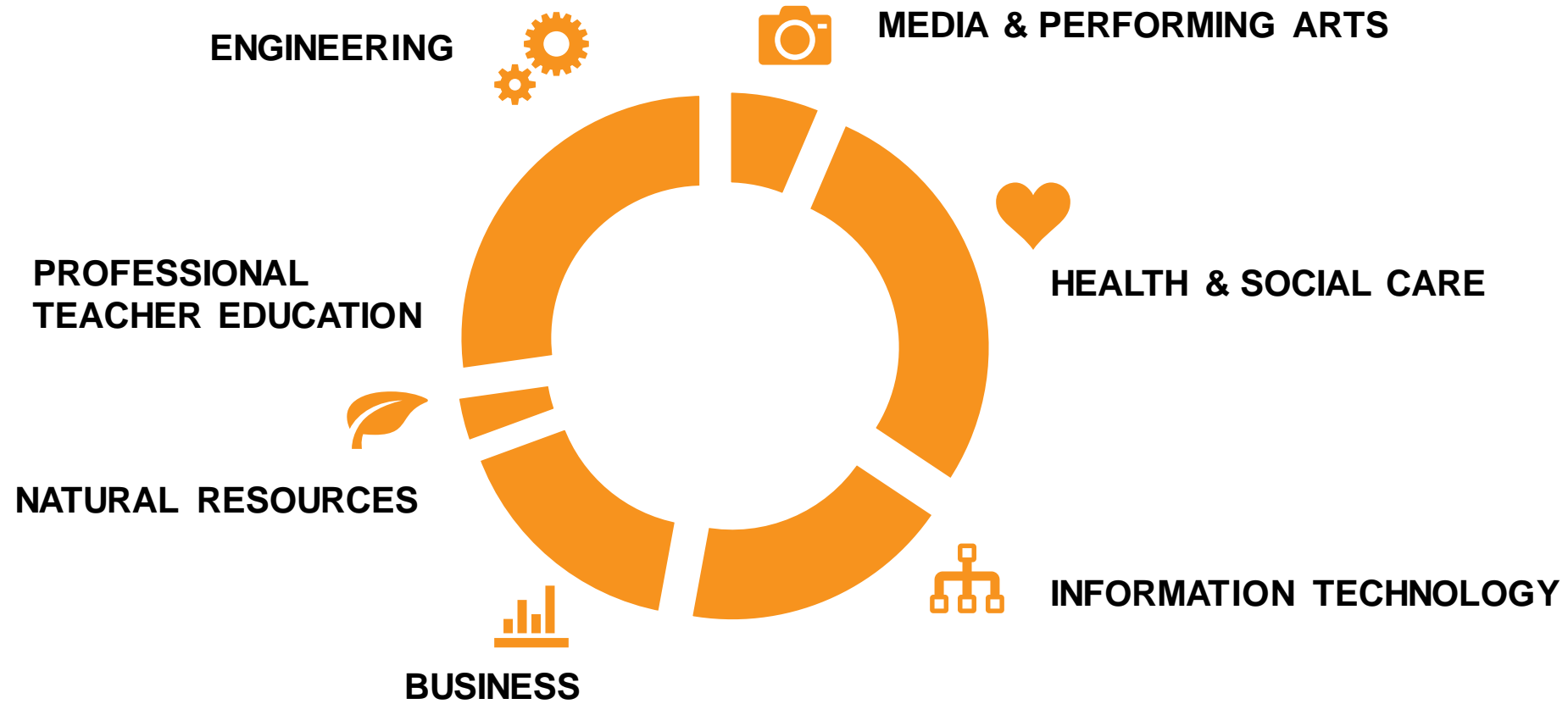


Where on earth is Oamk?

Ready?

Our study fields

OAMK



Ready?

We host approx. 300 exchange students per year...

› What do exchange students expect from an exchange?

- › Getting to know people from another country
- › Learning about other cultures and languages
- › Improving academic/professional skills
- › Having fun with other students
- › Exploring Finnish nature
- › Travelling to and in another country
- › Developing own personality
- › Gaining knowledge in own field from a Finnish perspective
- › Studying/working with different people
- › ...

Ready?

What do exchange students expect from an exchange?



Ready?

What do exchange students expect from an exchange?



Ready?

What do exchange students expect from an exchange?

The screenshot shows a video call interface with two participants at the top: Bastian, Oamk and Anni Koskela. Below them is a presentation slide titled "MY EXCHANGE EXPECTATIONS" by Tina, Oulu University of Applied Sciences. The slide features a central graphic of a suitcase with the text "Find your tag, pack your bag!". Surrounding the suitcase are eight tags, each with an icon and a title, connected to the suitcase by lines. The tags are arranged in two rows of four. The top row tags are "LANGUAGES" (speech bubbles), "CULTURES" (hands), "PEOPLE" (group of people), and "PLACES" (house and snowflake). The bottom row tags are "SKILLS" (target), "GROWTH" (brain), "FUN" (person with star), and "TRAVEL" (person with backpack). Each tag has a red checkmark. The presentation controls at the bottom show "Slide 1" and a 100% zoom level.

Bastian, Oamk

Anni Koskela

LANGUAGES

CULTURES

PEOPLE

PLACES

MY EXCHANGE EXPECTATIONS

Find your tag, pack your bag!

Oulu University of Applied Sciences

SKILLS

GROWTH

FUN

TRAVEL

Slide 1

100%

Ready?

What do exchange students expect from an exchange?



Ready?

› What competences do exchange students wish to get?

Results (N=80 exchange students at Oamk, August 2021:

1) Personal skills (curiosity, resilience, independence)



2) Language skills



3) Communication & networking skills



4) Intercultural skills



5) Specialist skills in your field



6) Team working & problem-solving skills

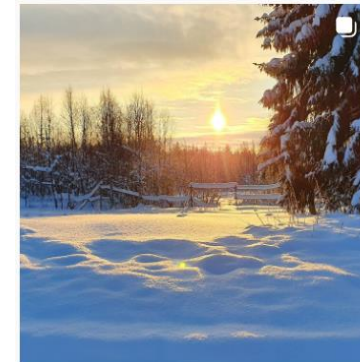
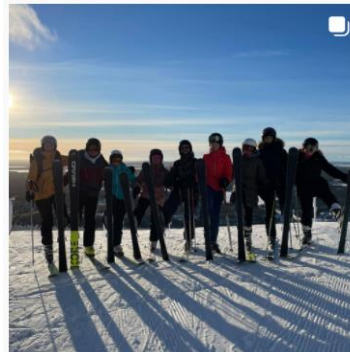


7) ICT & digital skills



Ready?

➤ Student experience, pics and vids from [myoamk](https://www.instagram.com/myoamk):



Ready?

› Student experience: <http://u.oamk.fi/exchangeexperiences>

“ It did not took long to fall in love with Finland. The fact that there is so much raw nature, so close by. People are friendly but introvert. It takes some time to get to know Finnish people, but when you do you notice that its really worth that time. The school itself is nice, it feels personal and the facilities like the library, computers and labs are great. Not to forget the fact that you can eat good food for a small amount of money (and yes I miss the food from school as well).

Erik, Hanze University Groningen, Netherlands

”

Ready?

“ My Semester abroad in Finland was amazing! Beside from learning a lot about group work with international students, the finish culture and the education, I met a lot of interesting and inspiring people and made friends for a lifetime all over the world. By doing a lot of practical projects in Oamk I gained experience how to communicate with people from different cultures. The whole exchange semester in Finland was an adventure I will never forget!

Katharina, University of Applied Sciences St. Pölten, Austria

”

Ready?

“ Learning for your lifetime - that is how I can describe my study time in Oulu. As part of my double degree programme I could enjoy studying one year abroad at the Oamk. By individual working tasks, I could develop my hard skills in my study field, which I could prove while working together with international students in projects. Studying at the Oamk means a good practise for your future working life since one big focus is on training you to work together, and learning to communicate with your team members to achieve best results.

Larissa, Neu-Ulm University of Applied Sciences, Germany

”

Ready?

“For me the classes and the project work were great. I especially loved the project work, which I did for 10 ECTS. During the project work you can really learn a lot and improve in your skills. I believe that during practical work you learn more than you ever could in a normal lecture and I am very happy to have chosen project work during my exchange period. The lectures were very good and the teachers know a lot about their subjects and can teach from their own experience as well.

Wietske, Hanze University Groningen, Netherland

”

Ready?

“ I enjoyed the semester spent in Finland even more than I expected. I met a lot of new people, experienced a new culture, and especially I could study abroad. It's great how Finnish education is practical and based on projects that teach you how things work in practice, how to communicate with people and what to expect in your life. I would definitely never regret visiting Finland and Oamk University.

Lucie, Mendel University in Brno, Czech Republic

”

Ready?

“ We had the opportunity to try a different kind of studies (learning through online courses) in health care. As nursing students, practical lessons are also really important, in order to refine our skills, so the simulation labs were really impressive, modern and educational. Regarding our practical training we had the chance to work in psychiatric wards, which was a new field to us and provided us with not only academic knowledge but also with personal growth. Due to the fact that we were often around Finnish people (especially in our traineeship), we had also the chance to get to know their attitude and lifestyle. Our experience in the psychiatric wards, talking with the patients and staff, was very humbling and made us think of many aspects concerning life in general. It was a big lesson!

Eleftheria and Konstantinos, University of Patras, Greece

”

Ready?

“ My stay in Oulu changed totally my lifestyle! I was coming to school by bike, enjoying the bicycle paths in the city and experiencing to ride a bike on the snow. There is a lot to discover around (beautiful island, nature...) but it is also easy to organize trips and discover Finland by bus or trains or to take part into the trips organized by the school. The teachers in Oamk really want you to have the best experience. They are very helpful. It was a great time and I learnt a lot for my studies but also for my personal life.

Pauline, Université de Technologie de Compiègne, France

”

Ready?

“ We went looking for a completely different experience from all other countries - regarding everything - way of life, education style, climate, mindsets. Finland checked all the boxes, and Oamk complemented all of that. If you're here not sure if you should apply to Oamk or not, stop thinking. You'll be missing out on winters you won't see anywhere else, welcoming people ready to help you on your way, the chance to work on actual projects instead of reading books and the awesome chance to visit Finland.

Arpad and Gloria, Politehnica University of Timisoara, Romania

”

› What do we offer?

- › <http://u.oamk.fi/exchangestudies>
- › <http://u.oamk.fi/exchangetraineeships>

› Exchange study programmes, 30 ECTS

- › Bachelor's level
- › Mostly 3-year studies, few double degrees
- › Project-based
- › Possibly online/blended learning, see <http://www.oamk.fi/coronavirus>

› Exchange semesters (depending on programmes, <http://u.oamk.fi/timetables>)

- › Autumn (1st semester): Mid-August until mid-December
- › Spring (2nd semester): January - May

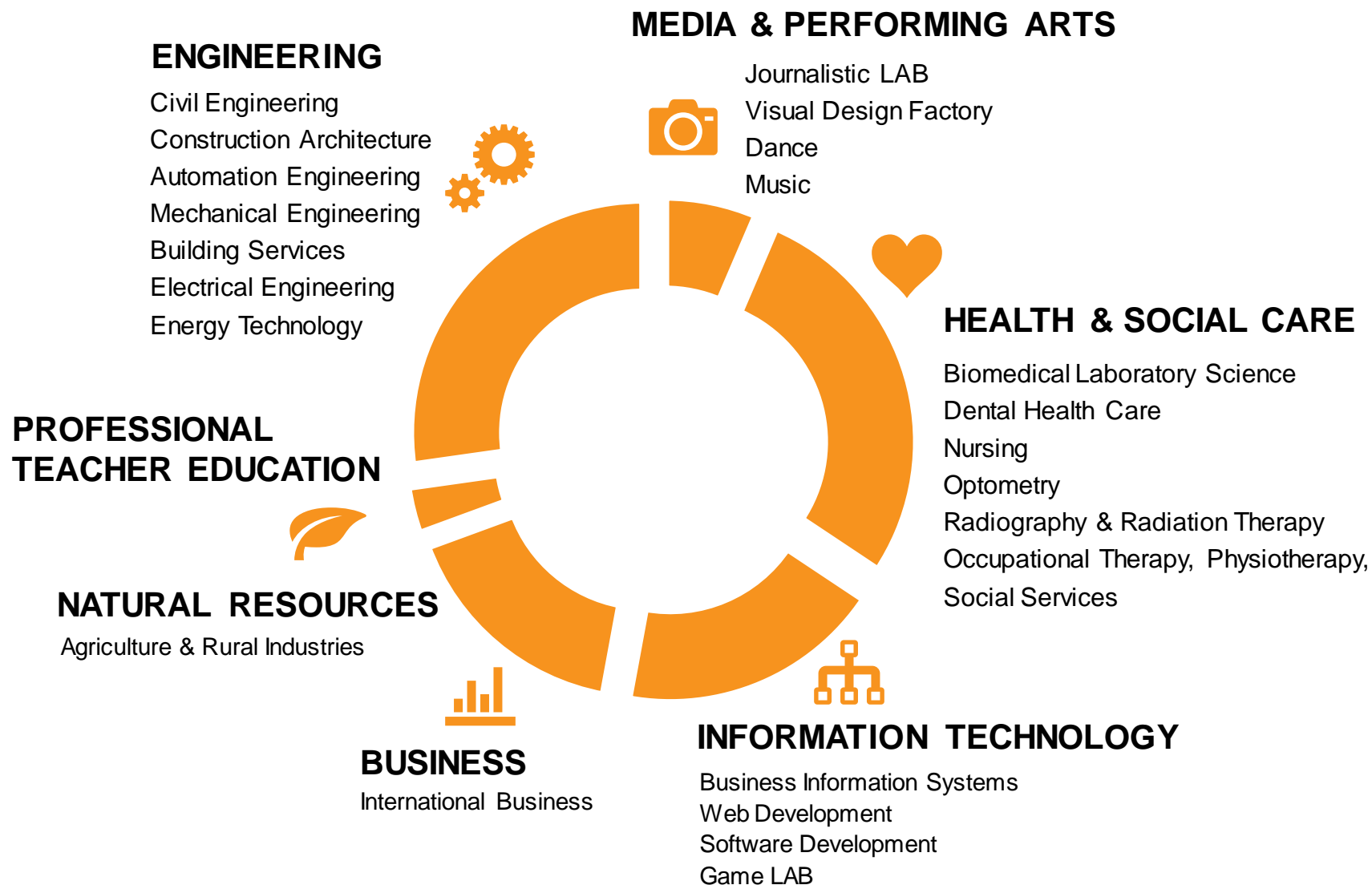
› Exchange traineeships

- › Limited seats and workload for practical training/traineeships

Set!

Our exchange study programmes:

OAMK



International Business (Autumn & Spring)



› Autumn

- › Develop your creative competencies and apply them in business
- › Learn about professional selling skills and service marketing

› Spring

- › Develop your international marketing competencies with the second or third year degree students.
- › Increase your competences in job search, career planning and learn to market your competences.
- › Gain understanding of the phenomena related to e-business and digital marketing

Information Technology (Autumn & Spring)

› Autumn

- › Business Information Systems
- › Web Development & Software Development
- › Device & Product Design
- › Double Degrees (Neu-Ulm, Dublin, Eindhoven)

› Spring

- › Business Information Systems
- › Web Development
- › Master for Neu-Ulm IEIM students

Engineering (Autumn & Spring)



› Autumn

- › Civil Engineering
- › Construction Architecture
- › Automation Engineering
- › Mechanical Engineering, incl. double degree (Ulm, Groningen)

› Spring

- › Building Services
- › Electrical Engineering
- › Energy Technology

Natural Resources – Agriculture & Rural Industries (Autumn & Spring)

- › Get a view of farming and other rural livelihoods as well as environmental issues in Finland
- › Cooperate with local stakeholders such as entrepreneurs, companies, private and public organisations, villages...

Health & Social Care (Autumn & Spring)



- › Biomedical Laboratory Science
- › Dental Health Care
- › Nursing
- › Optometry
- › Radiography & Radiation Therapy
- › Rehabilitation & Social Services (Occupational Therapy, Physiotherapy, Social Services)

- › Practical training cannot be guaranteed in spring due to Covid-19. Make backup plans and apply for possible substituting courses as well, see hereafter:

- › Additional possibilities:
 - › Human Centered Design, Innovation and Impact (interdisciplinary workshop)
 - › eHealth (digitalisation in health care)
 - › Patient Safety for Future Health Care Professionals

Media & Performing Arts (Autumn & Spring)

› Autumn

- › Music (Classical & Pop/Jazz Music)
- › Dance (Ballet, Show Dance, Ballroom Dance and Folk Dance)

› Spring

- › Visual Design Factory – Producing audiovisual and VR content
- › Journalistic LAB – Creating journalistic products
- › Music (Classical & Pop/Jazz Music)
- › Dance (Ballet, Show Dance, Ballroom Dance and Folk Dance)

Professional Teacher Education (Autumn & Spring)

- › Teaching practice course as assistant teacher at a school (cannot be guaranteed due to Covid-19)
- › Learn about pedagogical methods, student assessment, implementation of special education & support, the vocational training environment

Game LAB – Interdisciplinary Studies (Autumn)

- › Game design and demo for rapid product development
- › Suitable for 3-/4-year graphic design, business/marketing, producing and music students

Go!

- › **Get nominated and apply via MoveON, follow the steps at <http://u.oamk.fi/exchangeapplication>**
 - › Autumn (1st semester): 15 March - 30 April
 - › Spring (2nd semester) : 1 September - 15 October

- › **Prepare information and documents, and attach these to your MoveON application:**
 - › Personal information
 - › Choice of programme and all courses
 - › Documents:
 - › Passport/ID card and photo
 - › Curriculum vitae
 - › Motivation letter
 - › Transcript of records
 - › Learning agreement signed from your side
 - › Music/dance students: also recording from a performance
 - › Journalistic LAB, Game LAB and Visual Design Factory: also portfolio
 - › Interviews: Game LAB and Visual Design Factory
 - › Learning agreements will be signed and returned from us only after the application along with admission email and acceptance letter

Go!

› Questions? Contact us:

- › incoming.students@oamk.fi
- › <http://u.oamk.fi/coordinators>

**Nähdään!
See you!**

